

# Senator Pat Bates & Assemblyman Bill Brough

CORDIALLY INVITE YOU TO ATTEND

# South Orange County SENIOR DAY 2017

FEATURING EXPERT DOCTORS FROM **UCI MIND** TO ANSWER YOUR QUESTIONS ON HEALTHY BRAIN AGING

FRIDAY, MARCH 10, 2017

Norman P. Murray Senior Center  
24932 Veterans Way, Mission Viejo

8 AM.....registration and breakfast  
(provided by Coffee Importers of Dana Point Harbor)

9 AM – 12 PM .....program, breakout sessions,  
resource fair and lunch (provided by  
Panera Bread immediately following)

*All are welcome*, but space is limited. RSVP by calling 949.598.5850 or 949.347.7301, or by visiting [WWW.SENIORDAYOC.COM](http://WWW.SENIORDAYOC.COM)

## BREAKOUT SESSIONS

- 1 Senior Safety and Self Defense**  
Lt. Gary Strachan, Orange County Sheriff's Department (Ret.)
- 2 How to Prevent Being a Victim of Fraud**  
Department of Insurance
- 3 Tablet and Smartphone Training**  
AT&T

## FREE MEDICAL SCREENINGS by UCI Nursing

**INFORMATIVE RESOURCE BOOTHS** by  
Age Well Senior Services / Alzheimer's Orange County  
Automobile Club of Southern California  
California Highway Patrol / CalOptima / Medicare  
Orange County Council on Aging / Social Security

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