

DANA POINT SENIOR P

Operated by Age Well Senior Services

Monday – Friday, 8am–2pm

at the Dana Point Community Center

34052 Del Obispo, Dana Point (949) 496-4252

We offer a wide variety of programs and services designed for any age senior to meet their educational, recreational, social and human service needs. Activities vary each month and reflect the needs and interests of the community, as well as the resources.

We invite all seniors to join us for our weekday lunch program, or any of the other great activities listed below. You'll meet new people, in a warm, welcoming, friendly atmosphere. (Schedule subject to change or cancellation).

SPECIAL LUNCHEONS

All special luncheons are held from 11:30 am to 1:00 pm \$4.50 donation appreciated for each luncheon, unless otherwise indicated. Weekday lunches also available, please see the "Services Section". \$6.00 for Non-Seniors - 59 Years or Less

Friday, February 3 – Super Bowl Party Free popcorn/sodas

Tuesday, February 14 – Valentine's Luncheon Entertainment TBA

Friday, February 17 – President's Day Special Lunch

Tuesday, February 28 – Mardi Gras Luncheon Entertainment By: Joe Tatar

Wednesday, March 1 – Ash Wednesday Special Luncheon

Friday, March 17 – St. Patrick's Day Luncheon Entertainment TBA

Monday, March 20 – Spring Begins Luncheon

Friday, March 31 – April Fools Luncheon

Monday, April 10 – Passover Special Lunch

Thursday, April 13 – Easter Luncheon Special Guest

Friday, April 21 – Earth Day Everyone Wear Green

Friday, May 12 – Mother's Day Luncheon Entertainment

Friday, May 26 – Memorial Day Remembrance Day Bring in your Memorabilia

TWILIGHT DINNER THURSDAYS

\$9 per person includes dinner from a local Dana Point restaurant and entertainment. Reservations required. Call Vanna Murphy at 949-496-4252

Thursday, March 23 St Patrick's Day theme, 2 for the Show entertainment

Thursday, May 25 Theme TBD

HOLIDAY FUNCTIONS

Saturday, March 11 – St. Patrick's Luncheon Sponsored by: City of Dana Point - Call for information (949) 496-4252 – Reservations Only

HOLIDAY CLOSURES

President's Day Holiday Monday, February 20, 2017

Memorial Day Holiday Monday, May 29, 2017

ROGRAM



Senior Center Director: Vanna Murphy

BEACH CITIES SENIOR CLUB TRIPS

You don't have to be a member of the Beach Cities Senior's Club to enjoy these great trips! All trips include deluxe motor coach transportation and depart and return from the Dana Point Community Center, 34052 Del Obispo St., Dana Point. To sign up for the trips, or for more information contact Tour Director Evie Love at (949) 496-4109. *Please arrive 30 minutes before the departure time listed below. Return times are approximate.

Dr. Phil T.V. Show February 8, Includes lunch at Bounty Restaurant in LA, Depart 6:30am, Return 5:00pm, (Please arrive early, as we will be leaving right on time, as the show starts at 8:00am!), Price: \$95

San Manuel Casino February 15, \$10 Players Choice, Depart 9:00am, Return 6:00pm, Price: \$10

Pauma Casino March 15, Depart 8:00am, Return 5:00pm, Price: \$10

Carousel Play at Long Beach Carpenter Theatre April 8, Lunch at Naples Rib House, Depart TBA, Return 5:00pm, Price: \$85

Pechanga Casino April 14, Depart 8:00am, Return 5:00pm, Price: \$10

2 Day Trip to Solvang/Casino May 17, Information to be announced.

SERVICES

AARP Driver Safety Program Driver refresher course for motorists 50 years and older to help improve driving skills, and learn to avoid accidents and traffic violations. Classes held– Wed (Only) April 27, Refresher Class - One Day Class 4 hours – 2 Day Class: July 26 & 27 – Must Attend Both Days – 4 hours each day - Call for Information (949-496-4252

Age Well Senior Services Non - Emergency Medical Transportation \$2.00 per Ride Call (949) 855 9766 for Information & Application

Bingo Monday–Friday with 3+ sponsored bingos a month, 12:15 -1:00pm. – Lunch Program 11:30 a.m. to 12:15 p.m.

Card Games Every Thursday & Friday - 1:00pm to 4:00pm -.Senior Center Lunch Room (Room B).

Case Management Free home assessment to determine the level assistance needed to help maintain senior's independence. By appointment, call (949) 496-9519.

Commodities Distribution Free food distributed to qualified senior residents by the Second Harvest Food Bank. Eligibility information posted at the Senior Center. Monthly, 9:00-11:00am on Thursday after the third Wednesday.

Hi-Cap Counseling Free Medicare and insurance counseling. Last Monday of each month 10:00am-1:00pm, by appointment, call (949) 496-4252.

Home Delivered Meals For homebound seniors 60+ yrs., or anyone unable to shop or cook on their own. Meals include breakfast, hot lunch and cold dinner, delivered Mon.-Fri. Donation: \$7.50 per day is appreciated. Call (949) 496-4252.

Legal Consultation for Seniors Consult with an attorney for FREE regarding Probate, Estate Planning, Wills, Trusts and Elder Law. 2nd Wednesday of the month by appointment only Call (949) 496-4252.

Monarch Health Care Questions and answers on medical insurance and updates. Meets 2nd Wed of the month, 11:30 am-12:30 pm Call (949) 496-4265.

Senior Lunch Program Meals served weekdays, 11:45am at the Senior Center. Meals include beverage, dessert and good fellowship. \$4.50 donation appreciated. \$6.00 for Non – Senior's - 59 Years or Less - Call (949) 496-4252 for menu details.

Senior Transportation Transportation for the Daily Nutrition Program Available for Seniors and Dana Point Residence – No Charge – Call (949) 496-4252 for information & set-up.

Visual Aide & Consultation Braille Institute program assisting seniors with low vision problems; evaluating needs, use of devices to improve reading and other tasks. Doctor's written referral required. By appointment call (714) 821-5000.

Volunteers Needed Volunteers needed to help at the Senior Center, Meals on Wheels or serving lunches. Applications accepted at the Center, Mon.-Fri. from 8:30am-2:30pm.

Saddleback College Emeritus Institute

Offering opportunities for the pursuit of education and learning for older adults. Classes held at the Dana Point Community Center include: Physical Fitness, Art Appreciation and Current Issues in Government. For details visit www.saddleback.edu/emeritus, or call (949) 582-4835.

