

DANA POINT SENIOR PROGRAM

Operated by Age Well Senior Services

Monday – Friday 8am–2pm

at the Dana Point Community Center

34052 Del Obispo, Dana Point (949) 496-4252

Senior Center Director:

Vanna Murphy



We offer a wide variety of programs and services designed for any age senior to meet their educational, recreational, social and human service needs. Activities vary each month and reflect the needs and interests of the community, as well as the resources. We invite all seniors to join us for our weekday lunch program, or any of the other great activities listed below. You'll meet new people, in a warm, welcoming, friendly atmosphere. (Schedule subject to change or cancellation).

BEACH CITIES SENIOR CLUB TRIPS

You don't have to be a member of the Beach Cities Senior's Club to enjoy these great trips! All trips include deluxe motor coach transportation and depart and return from the Dana Point Community Center, 34052 Del Obispo St., Dana Point. To sign up for the trips, or for more information contact Tour Director Evie Love at (949) 496-4109. *Please arrive 30 minutes before the departure time listed below. Return times are approximate.

Mission Inn Holiday Lights Dinner at the Spaghetti Factory. Come see all of the beautiful holiday lights! November 30 – Time TBD – Price \$80

Early California Leo Carillo Ranch Includes lunch at Casa De Bandini, Date: TBD – Early January Price \$88

Dr. Phil T.V. Show February 8 – Time TBD – Price TBD

No trips in December – Happy Holidays

SPECIAL LUNCHEONS

All special luncheons are held from 11:30 am to 1:00 pm \$4.50 donation appreciated for each luncheon, unless otherwise indicated. Weekday lunches also available, please see the "Services Section". \$6.00 for Non-Seniors - 59 Years or Less.

FRIDAY, NOVEMBER 4 – Football Friday Free popcorn/sodas

THURSDAY, NOVEMBER 10 – Veterans Luncheon Wear Red, White & Blue – Special Bingo

SATURDAY, NOVEMBER 19 – FREE Thanksgiving Luncheon Sponsored by Monarch Beach Sunrise Rotary Club

WEDNESDAY, NOVEMBER 23 Age Well/Dana Point Thanksgiving Luncheon

FRIDAY, DECEMBER 2 – Christmas Tree Decorating Party Free hot chocolate

FRIDAY, DECEMBER 9 – Carols & Cookies Luncheon Entertainment by John Cosgriff

FRIDAY, DECEMBER 16 – Christmas Party/Luncheon Entertainment by 2 for the Show

WEDNESDAY, DECEMBER 21 – Christmas Party/Luncheon Special Guest: Santa Claus

TUESDAY, DECEMBER 27 – Hanukkah Luncheon

FRIDAY, DECEMBER 30 – New Year's Party Entertainment by Elvis (Scott Robertson) Subject to change

FRIDAY, JANUARY 6 – Celebrating Elvis's Birthday

FRIDAY, JANUARY 28 – Chinese New Year

FRIDAY, FEBRUARY 3 – Super Bowl Party/Luncheon

TUESDAY, FEBRUARY 14 – Valentine's Party/Entertainment

FRIDAY, FEBRUARY 17 – President's Luncheon

FRIDAY, FEBRUARY 18 – Mardi Gras Luncheon Entertainment TBA

TWILIGHT DINNER THURSDAYS

\$9 per person, includes delicious dinner from a local Dana Point restaurant and entertainment. Reservations required. Call Vanna Murphy at 949-496-4252

Thursday, January 26 – Let It Snow

Thursday, March 20 – Theme TBD

Saddleback College Emeritus Institute

Offering opportunities for the pursuit of education and learning for older adults. Classes held at the Dana Point Community Center include: Physical Fitness, Art Appreciation and Current Issues in Government. For details visit www.saddleback.edu/emergitus, or call (949) 582-4835.



HOLIDAY LUNCHEONS

Thanksgiving Sponsored Luncheon- Free!

Saturday, November 19th

Sponsored by Monarch Beach Sunrise Rotary Club. Call for information (949) 496-252. First-come, first-serve.

New Year's Eve Dinner Dance

New York Theme - Come Take a Bite of the Big Apple!

December 31st 5:00pm-9:30pm. Ring in the New Year at 9:00pm New York Time! Dinner from 5:00-6:00pm, dancing from 6:00pm-9:30pm. \$15 per person or \$25 per couple. Raffle Prizes, Live Entertainment. Sponsored by the City of Dana Point Community Services & Parks Department. Contact Monique Leon, Recreation Coordinator to make a reservation. (949) 248-3507. Registration/payment due by December 23rd.

Valentine Dinner Dance

Shakespeare in Love Theme - Come Write Your Own Love Story.

Sunday, February 12th, 5:00pm-9:30pm. Dinner from 5:00-6:00pm, dancing from 6:00pm-9:30pm. \$15 per person, or \$25 per couple. Raffle Prizes, Live Entertainment. Sponsored by the City of Dana Point Community Services & Parks Department. Contact Monique Leon, Recreation Coordinator to make a reservation. (949) 248-3507. Registration/payment due by February 3rd.

SPECIAL SERVICES

AARP Driver Safety Program Driver refresher course for motorists 50 years and older to help improve driving skills, and learn to avoid accidents and traffic violations. Classes held: 2 Day Class - Wed & Thurs, January 27 & 28 - Wed (Only) April 27, Refresher Class - One Day Class 4 hours - Call for Information (949)-496-4252

Age Well Senior Services Non-Emergency Medical Transportation \$2.00 per Ride Call (949) 855 9766 for Information & Application

Bingo Monday -Friday - Everyday with 3+sponsored bingos a month, 12:15 -1:00pm. - Lunch Program 11:30 a.m. to 12:15 p.m.

Card Games Every Thursday, 1:00pm to 4:00pm and every Friday, 1:00pm to 3:30pm. Senior Center Lunch Room (Room B).

Case Management Free home assessment to determine the level assistance needed to help maintain senior's independence. By appointment, call (949) 496-9519.

Commodities Distribution Free food distributed to qualified senior residents by the Second Harvest Food Bank. Eligibility information posted at the Senior Center. Monthly, 9:00-11:00am on Thursday after the third Wednesday.

SENIOR PROGRAMS

Flu Shots Tuesday, November 1 - No appointment necessary, call for information (949) 496-4252 - First-come, first-serve.

Hi-Cap Counseling Free Medicare and insurance counseling. Last Monday of each month 10:00am-1:00pm, by appointment, call (949) 496-4252.

Home Delivered Meals For homebound seniors 60+ yrs., or anyone unable to shop or cook on their own. Meals include breakfast, hot lunch and cold dinner, delivered Mon.-Fri. Donation: \$7.50 per day is appreciated. Call (949) 496-4252.

Legal Consultation For Seniors Consult with an attorney for FREE regarding Probate, Estate Planning, Wills, Trusts and Elder Law. 2nd Wednesday of the month by appointment only Call (949) 496-4252.

Monarch Health Care Questions and answers on medical insurance and updates. Meets 2nd Wed of the month, 11:30 am-12:30 pm Call (949) 496-4265.

Senior Lunch Program Meals served weekdays, 11:45am at the Senior Center. Meals include beverage, dessert and good fellowship. \$4.50 donation appreciated. \$6.00 for Non - Senior's - 59 Years or Less - Call (949) 496-4252 for menu details.

Senior Transportation Transportation for the Daily Nutrition Program Available for Seniors and Dana Point Residence - No Charge - Call (949) 496-4252 for information & set-up.

Tax Service FREE February 4 to April 14. Every Thursday from 9:00am to 2:00pm. By appointment only. No Walk-in. Call (949) 496-4252 beginning January 2nd to make your appointment.

Visual Aide & Consultation Braille Institute program assisting seniors with low vision problems; evaluating needs, use of devices to improve reading and other tasks. Doctor's written referral required. By appointment call (714) 821-5000.

Volunteers Needed Volunteers needed to help at the Senior Center, Meals on Wheels or serving lunches. Applications accepted at the Center, Mon.-Fri. from 8:30am-2:30pm.



HOLIDAY CLOSURES

Veterans Day Holiday Wednesday, November 11

Thanksgiving Holiday Thursday & Friday, November 24 & 25

Christmas Holiday Monday, December 26

New Year Holiday Monday, January 2

Martin Luther King Birthday Holiday Monday, January 16

President's Day Holiday Monday, February 20